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Cynthia Ambriz







COUNSELING



CYNTHIA AMBRIZ

Cynthia is an Agape New Thought Minister and graduated from the Michael B. Beckwith School of Ministry in 2020. Prior to this she was licensed through the Agape University as a Spiritual Therapist in 2014. She has a counseling practice which allows her to work with individuals around the world. She is also a Public Speaker, Teacher, Curriculum Designer, Energy Healer, and Author.

Cynthia offers seekers a safe space to go deeper on their individual paths of self-discovery and healing. She guides individuals in learning about and cultivating tools that lead to self-empowerment and embodiment. Cynthia's commitment to her clients and all those who cross her path is to hold them in a sacred container as they awaken to their own inner greatness. She is committed to assisting individuals heal emotionally, mentally, physically, and spiritually so that they can access and fulfill their greatest destinies.

She is a Master Trainer of Energy Codes created by Dr. Sue Morter. She teaches individuals how to utilizes the embodiment practices and principles to activate full human potential. Through her workshops, one on one sessions, and courses, she illuminates the relationship between the Mind, Body & Breath aka Spirit and assists the individual in creating a coherent relationship between the three which allows for optimum health, creativity, and joy.

Cynthia has studied with Dr. Sue Morter at Morter Institute and has been certified in the following healing modalities:

- Energy Codes Coach
- Energy Codes Master Trainer and Facilitator
- · B.E.S.T. Practitioner
- · Spiritual B.E.S.T. Practitioner

Cynthia debuted as an author with her book Life Finds A Way – A Journey of Healing and return to Wholeness. In Life Finds A Way, Cynthia gives a wonderfully honest account of her life so far and tells a beautiful story of finding inner Truth. Through her own experiences, she shares wisdom on how to embody the Real YOU.

For Booking, Interviews, and Further Information email: cynthiaambrizcounseling@gmail.com or call (323) 244-6138



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